

# Best Deals

## Deals

BY HEATHER TURK

WIN IT  
THIS

OR THIS STAR  
RE GIVEAWAYS  
OUT THE MAGAZINE

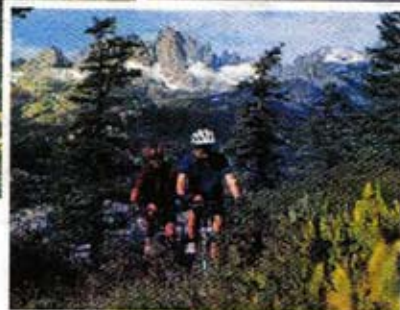
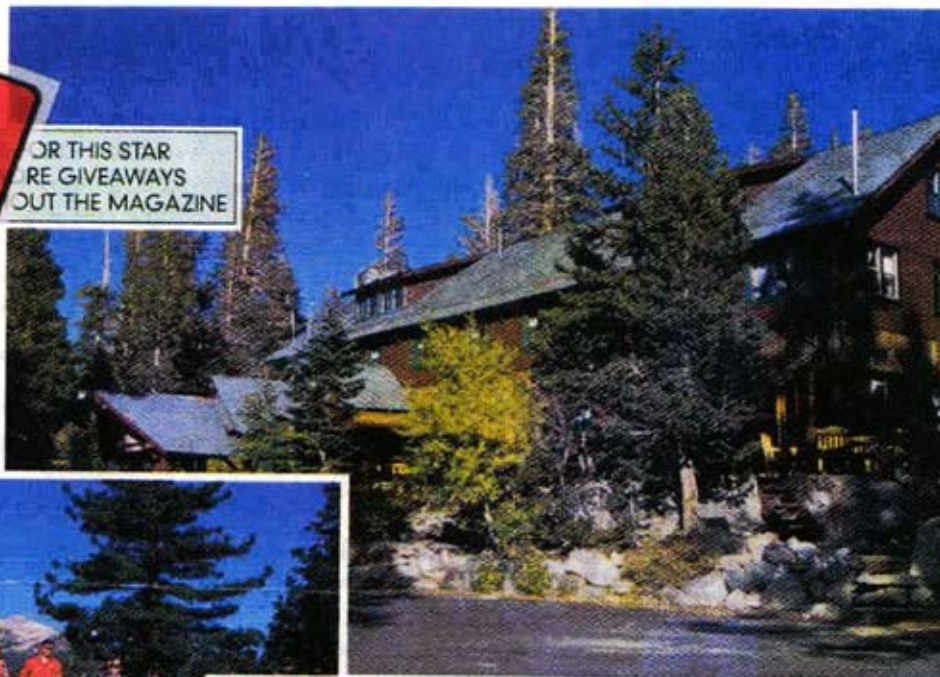
## The Peak Of Wellness

Just because swimsuit season is coming to an end doesn't mean you should stop counting your calorie intake. You're going to be living in your body for a long time, so why do you only pay special attention to it when you're wearing next to nothing? We know it's hard (fast food just tastes too good!), but luckily for you, we also know of something that can help.

Taking place Oct. 20-22, the **Mammoth Life and**

**Wellness** event features a weekend of programs, lectures and activities that encourage and support the body, educate the mind and rejuvenate the spirit. Held at various premier venues in the Town of Mammoth Lakes, Calif., Mammoth Life and Wellness features pre-eminent keynote speaker Dr. Andrew Weil, best known as the world's foremost authority on health, healing and alternative medicine. Dr. Weil will present attendees with a comprehensive overview of healthy aging alongside various other speakers discussing everything from lifestyle and wellness to fitness and nutrition.

Just for our readers, one lucky *What's On* reader will win tickets



for two to the Mammoth Life and Wellness event, as well as lodging at Mammoth Mountain for two nights (retail value: \$900). Advance room reservations are required. Transportation to and from Mammoth Mountain, food and additional

expenses are the responsibility of the winner. Log on to [ilovevegas.com](http://ilovevegas.com) by Sept. 24 for your chance to win.

Mammoth Mountain, best known as a popular ski resort, offers an array of activities for travelers of all ages no matter what time of year: From professionally maintained single-track trails at Mammoth Mountain Bike Park and other outdoor activities such as canoeing, kayaking and fly-fishing to shopping, dining and even a nightclub, Mammoth Mountain truly has it all. For more information visit [mammothmountain.com](http://mammothmountain.com) or call 800-mammoth.